



What Do I Need to Bring?

1. Comfortable work clothes: T-shirts, shorts, work pants (scrubs work great), hat and a good pair of closed-toed work shoes- Crocs, sandals, Birkenstocks, etc. are not appropriate on the work sites and you will not be able to work in these. Bring enough clothes to last the entire time your group will be staying. You will need pants in the event you are under the house or on a roof.
Girls: NO exposed sports bras and NO spaghetti straps.
Guys: We will ask you to keep your shirt on at the work sites
2. During the winter months, you may want to bring a coat and/or rain jacket
3. Sunscreen and insect repellent
4. Work gloves and Water Bottle
5. Clean, casual clothing to wear after work and after showers!
6. Shower shoes
7. Proper and modest sleep attire
8. A nice outfit for church Sunday morning if you are a weekend team. (This is optional. If you are here on Sunday morning, we would love for you to attend church with us.)
9. Twin Sheets/light blanket or sleeping bag and pillow
10. Towels and personal hygiene items
11. Bible and any devotional materials you might use
12. Musicians feel free to bring instruments for worship purposes i.e. guitars, hand drums, etc.
13. Bring some of your favorite snacks to share during your free time in the evenings.
14. Spending money. We will have merchandise available for \$15 and under (ARM water bottles, extra shirts, coffee mugs, stickers, hats)
15. Games to play with your group during free time; cards, Frisbee, football, board games, etc.
16. A big smile and a great attitude!